



# AUGUST 2023 St. Germain Senior Meals

Wednesday, Thursday and Friday at 10:30 am

Carry-Out and Home-Delivered Meals Only

Home delivered meals are available based on eligibility.



WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Swedish Meatballs Mashed Potatoes Broccoli Salad Whole Wheat Bread Applesauce Cake</p> <p><b>August Birthdays</b></p>	<p>3</p> <p>Baked Seasoned Fish Tartar Sauce Baked Potato Sour Cream Coleslaw Rye Bread Berries</p> 	<p>4</p> <p>Meat Lasagna Wax Beans Mixed Greens Salad Dressing Garlic Breadstick Jell-O w/Fruit</p>
<p>9</p> <p>Swiss Steak Parsley Buttered Potatoes Carrots Whole Wheat Bread Pineapple Upside Down Cake</p>  <p><b>National Root Beer Float Day</b></p>	<p>10</p> <p>Chili w/ Macaroni Crackers String Cheese Mixed Greens Salad Dressing Peaches Vanilla Yogurt</p>	<p>11</p> <p>Ham Twice Baked Mashed Potatoes WI Blend Vegetable Whole Wheat Dinner Roll Raspberry Sherbet Jell-O</p>
<p>16</p> <p>Spaghetti &amp; Meat Sauce Italian Blend Vegetables Garlic Breadstick Diced Pears Rhubarb Cake</p>	<p>17</p> <p>Monterey Chicken with Veggies Broccoli Buttermilk Biscuit Pineapple Blueberry Coffee Cake</p>	<p>18</p> <p>Chef Salad with Mixed Spring Greens, Tomatoes, Diced Turkey, Hard Boiled Egg, Shredded Cheese Dressing Fresh Roll Minestrone Soup Cookie</p> 
<p>23</p> <p>Hamburger On a Bun Grilled Onions, Ketchup German Potato Salad Baked Beans Mixed Fruit</p>  <p><b>County Fair Day</b></p>	<p>24</p> <p>Crab Pasta Salad Over Mixed Greens Tomato Wedges Dinner Roll Peaches Lemon Bar</p>	<p>25</p> <p>Chicken Breast Mushroom &amp; Bacon Sauce Mashed Potatoes Cold Pickled Beets Biscuit Banana</p>
<p>30</p> <p>Paprika Chicken Baked Sweet Potato Cauliflower Raisin Bread Vanilla Yogurt &amp; Berries</p>	<p>31</p> <p>Calico Beans &amp; Ground Beef Casserole Carrots Green Beans Cornbread Cookie</p>	

For reservations or cancellations, please call  
**Pam Cira at 715-891-5453 (MUST Call 24 hours in advance)**

\*Lighter Substitute available in place of Main Entrée:  
 Grilled Chicken Salad (or Healthy Salad)