

November 2023 St. Germain Senior Meals



Wednesday, Thursday and Friday at 10:30 am

Carry-Out and Home-Delivered Meals Only

Home delivered meals are available based on eligibility.

WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Italian Rigatoni Casserole Green Beans Mixed Greens & Dressing Garlic Breadstick Gingerbread Cake</p> <p>November Birthdays</p>	<p>2</p> <p>Chicken Broccoli Casserole Pacific Veggie Blend Whole Wheat Bread Grape Juice Strawberries & Yogurt</p>	<p>3</p> <p>Ham on Marble Rye w/Romaine Leaf & Tomato Slice Mayo Minestrone Soup Crackers Peach Slices</p>
<p>8</p> <p>Roast Beef Mashed Potatoes Gravy Peas & Carrots Whole Wheat Roll Fresh Grapes</p>	<p>9</p> <p>Pulled Pork on a Bun Scalloped Potatoes Creamy Coleslaw Honey Bee Fruit Salad</p> <p>Veteran's Day November 11th</p>	<p>10</p> <p>Denver Egg Bake w/Country Sauce Seasoned American Potatoes Mini Fruit Muffin Sliced Apples</p> 
<p>15</p> <p>Salisbury Steak Mashed Potatoes Gravy Broccoli Multi-grain Bread Vanilla Yogurt & Berries</p>	<p>16</p> <p>Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad</p>	<p>17</p> <p>Chicken Breast Mushroom & Bacon Sauce Brown Rice Brussels Sprouts Apple Slices Fudgy Black Bean Brownies</p>
<p>22</p> <p>Sliced Turkey Mashed Potatoes w/Gravy Stuffing WI Blend Veggies Cranberries Pumpkin Pie Bar</p> <p>Thanksgiving Meal</p>	<p>23</p> <p>Closed for Thanksgiving Holiday</p> 	<p>24</p> <p>Closed for Thanksgiving Holiday</p> 
<p>29</p> <p>BBQ Pork Rib Whole Wheat Hoagie Scalloped Potatoes Coleslaw Diced Peaches Butterscotch Pudding</p>	<p>30</p> <p>Oven Baked Rosemary Chicken Baked Sweet Potato Diced Beets (hot) Cornbread Grapes</p>	

**For reservations or cancellations, please call
Pam Cirra at 715-891-5453 (MUST Call 24 hours in advance)**

***Lighter Substitute available in place of Main Entrée:
Grilled Chicken Salad (or Healthy Salad)**