





# St Germain Senior Café

**Serving Wednesday, Thursday and Friday at 12:00 Noon  
The St. Germain Community Center**

Join us for food, fellowship and fun. For reservations or cancellations, please call

**Nancy Moser at 715-617-2795 (MUST Call 24 hours in advance)**

\*Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad (or Healthy Salad)

Wednesday	Thursday	Friday
<b>4</b>	<b>5</b>	<b>6</b>
Pork Roast Mashed Potatoes, Gravy Pea, Cheese & Onion Salad Whole Grain Bread Blueberry Cobbler	Chicken Breast w/Mushroom & Bacon Sauce, Winter Squash Brown & Wild Rice Blend, Apple Slices	Italian Rigatoni Casserole Green Beans, Romaine Lettuce Salad & Dressing Garlic Breadstick Brownie
<b>11</b>	<b>12</b>	<b>13</b>
Egg Salad Sandwich on Whole Wheat Bread Romaine Leaf & Tomato Slice Beef Barley Soup, Crackers Peach Slices & Cookie	Beef Stroganoff Mashed Potatoes Broccoli & Cauliflower Biscuit Fresh Grapes	Garlic Parmesan Chicken Breast Diced Seasoned Potatoes 3-Bean Salad, Whole Wheat Dinner Roll, Sliced Pears Rhubarb Cake
<b>18</b>	<b>19</b>	<b>20</b>
Roast Beef Mashed Potatoes w/Gravy Squash, Multi-grain Bread Angel Food Cake w/ Raspberries, Strawberries	Tuna Noodle Casserole Peas Rye Bread Diced Fruit Mix Apple Cake	Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad
<b>25</b>	<b>26</b>	<b>27</b>
Lemon Pepper Fish, Tartar Sauce Baby Red Potatoes Asparagus, Multi-Grain Bread Pineapple Cookie	 <p><b>CLOSED FOR THANKSGIVING</b></p>	<p><b>CLOSED FOR THANKSGIVING</b></p> 
		Meals sponsored by the ADRC of Vilas County

Home delivered meals are available based on eligibility.

All meals served with whole grain bread or roll. butter or margarine. coffee and low fat milk.

**Rides are provided as needed. Please arrange with Nancy when making reservations.**