




Prime Time Dining

**Serving Wednesday, Thursday and Friday at 12:00 Noon
The St. Germain Community Center**

Join us for food, fellowship and fun. For reservations or cancellations, please call
Nancy Moser at 715-617-2795 (MUST Call 24 hours in advance)

*Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad (or Healthy Salad)

Wednesday	Thursday	Friday
3	4 Flu Shots 9-10:30am	5
Roast Beef Mashed Potatoes / Gravy Squash Whole Wheat Roll Apple Cake	Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad	Tuna Noodle Casserole Vegetable Mix Dinner Roll Diced Fruit Mix Creamy Raspberry Jell-O Dessert
10	11	12
Honey Mustard Pork Baked Sweet Potato Cauliflower Whole Wheat Bread Cinnamon Applesauce	Italian Rigatoni Casserole Green Beans Romaine Lettuce Salad / Dressing Garlic Breadstick Carrot Cake	Chicken Breast Mushroom Bacon Sauce Mashed Potatoes Winter Squash Oatmeal Bread Brownie
17 BINGO!	18 Football Tailgate Party!	19
Beef Chop Suey / Whole Grain Rice Oriental Blend Vegetables  Egg Roll Pineapple Cookie	Brat on a Bun / Steamed Onions Ketchup Roasted Potatoes Tomato & Cucumber Salad Kickoff Dessert	Oven Baked Rosemary Chicken Mashed Sweet Potatoes Cauliflower 12 Grain Bread Grapes
24	25	26
Beef Vegetable Stew / Biscuit Veggie Blend Tossed Romaine & Spinach Salad Dressing Cookie	Chicken Parmesan Whole Grain Rotini Noodles Brussel Sprouts Pears Berries & Yogurt	Hamburger on a Bun Steamed Onions / Ketchup Baked Beans Potato Salad Ambrosia Fruit Salad
31 Happy Halloween!		
Lasagna Carrots Tossed Romaine Salad w/Dressing Garlic Breadstick Spooky Dessert		

Home delivered meals are available based on eligibility.

All meals served with whole grain bread or roll. butter or margarine. coffee and low fat milk.

Rides are provided as needed. Please arrange with Nancy when making reservations.