



St Germain Senior Café

Serving Wednesday, Thursday and Friday at 12:00 Noon
The St. Germain Community Center

Join us for food, fellowship and fun. For reservations or cancellations, please call
Nancy Moser at 715-617-2795 (MUST Call 24 hours in advance)

*Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad (or Healthy Salad)

Wednesday	Thursday	Friday
1	2	3
Garlic Lime Chicken Au Gratin Potatoes Broccoli Multi Grain Bread Apple Cake	Pork & Scalloped Potato Casserole Carrots Whole Wheat Roll Pistachio Dessert	Chicken Salad on a Croissant Romaine Leaf, Tomato Slice Minestrone Soup Fresh Strawberries Cookie
8	9 BINGO	10
Peach Glazed Pork Loin Parsley Buttered Potatoes Coleslaw Dinner Roll Blueberry Coffee Cake	Seasoned Baked Chicken Mashed Potatoes & Gravy Cold Pickled Beets Whole Wheat Bread Strawberries / Angel Food Cake	Beef Stroganoff Mashed Potatoes Pea, Cheese & Onion Salad Whole Wheat Bread Peaches & Vanilla Pudding
15	16	17
Roast Turkey Mashed Potatoes & Gravy Vegetable Blend Whole Wheat Dinner Roll Raspberry Sherbet Jell-O	Meat Lasagna Wax Beans / Romaine & Spinach Salad w/ Dressing Garlic Breadstick Cranberry Cake	Tuscan Bean Soup Ham & Swiss on Marble Rye Romaine Leaf, Tomato, Mayo Grape Juice Peach Crisp
22	23	24
Crab Pasta Salad over Romaine Tomato Wedges Dinner Roll Peaches Lemon Bar	Hamburger on a Bun Grilled Onions / Ketchup Tomato & Cuke Salad Calico Beans Honor Dessert w/ Berries	Sirloin Tips w/ Egg Noodles Squash 3 Bean Salad Whole Wheat Bread Apple Slices
29 BINGO	30	31
Roast Beef & Gravy Mashed Potatoes Brussel Sprouts Whole Wheat Bread Pumpkin Bar	Paprika Chicken Baked Sweet Potato Broccoli Salad Raisin Bread Vanilla Yogurt & Berries	Boneless BBQ Pork Rib Scalloped Potatoes Whole Kernel Corn Whole Wheat Dinner Roll Grape Salad

Home delivered meals are available based on eligibility.

All meals served with whole grain bread or roll. butter or margarine. coffee and low fat milk.

Rides are provided as needed. Please arrange with Nancy when making reservations.